



2009 Fifth Annual High Promise Dads Bay Area Fatherhood Conference and Health & Information Fair



Saturday, July 11th, 2009

The Conference: Please join us for this interactive, positive, empowering fatherhood conference featuring workshops on today's hot topics conducted by top quality trainers. Each plenary and workshop session will emphasize the importance of early childhood development. This event offers great networking opportunities and excellent fatherhood resources and information. Conference admission includes all workshops, resource materials, lunch, entertainment, and door prizes.

Health & Information Fair: We provide free health care screening for diabetes, cholesterol, blood pressure, visual acuity, and dental issues. Referrals will be provided for follow-up care, free and low-cost health services, low-cost health plans, low-cost housing, health clubs, childcare services, literacy programs, financial advisors, and much more.

Who Should Attend: Anyone and everyone! New dads, experienced dads, teenage fathers, single fathers, divorced dads, step-dads, grandfathers, father figures, role model dads, mothers of dads, children of dads, couples.

When: Saturday, July 11th, 2009 – 7:00 a.m. to 5:00 p.m.

Where: San Jose Convention Center – 150 West San Carlos Street, San Jose

Cost: \$25 materials fee

Plenary Sessions

Welcome & Introductions– 8:00 to 8:30 a.m.

Morning Plenary Session – 8:30 to 10:00 a.m.

Walk the Walk of Fatherhood: Interactive and inspiring session focused on what it takes to be a responsible, involved father.

Afternoon Plenary Session – 3:00 to 4:30 p.m.

Getting Ready for the Future: Learn how to set goals and develop strategies as you look to the future during these challenging times. If you have been laid off, you will learn how to get back into the workforce. Learn to manage your finances to deal with your housing issues including foreclosures. And learn about the opportunities available in union apprenticeship programs

Workshop Sessions (Please select one morning session and one afternoon session)

Morning Workshop Sessions – 10:30 a.m. to 12:00 p.m.

- A1 **Dads Role in Building Self Esteem for Their Daughter:** In this workshop you will learn about the uniqueness of girls and appropriate ways to praise, and motivate your daughter to build a foundation for her success.
- A2 **Spirituality and Fatherhood:** In this workshop a culturally diverse group of panelist from various faith communities who will discuss the importance of spirituality and a man's role in being a father.
- A3 **Judicial Panel:** The judges on this panel will discuss how the laws apply in family, juvenile and criminal courts and how you can effectively navigate the judicial system utilizing court and community programs and resources.
- A4 **Grief & Healing:** Whether it is a loss of a loved one or a traumatic event in one's life, we all experience grief. Learn the strategies in coping with the stages of grief and resources in the community that will provide support.

Afternoon Workshop Sessions – 1:15 to 2:45 p.m.

- B1 **Impact of Parents Drug or Alcohol Abuse on Children:** Parents substance abuse will have a negative impact on the people they love the most, the children, this workshop will help you to understand the negative impact and what you can do to reverse it.
- B2 **Fit Fathers = Fit Families:** Over 2/3 of all Americans are overweight. Certified Strength & Conditioning Coach will lead attendees in a hands-on approach to be a fit family. The more fit a father is the more likely the family will be fit.
- B3 **Co-parenting for the Children's Sake:** Learn to build a cooperative relationship with the other parent that focuses on the kids.
- B4 **Boys to Men:** In a world where your sons are exposed to violence, drugs, gangs and sex, you will learn strategies to help your sons develop from boys into responsible and honorable men.

Registration Form

Name: _____ Date of Birth: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Other Phone: _____ Email: _____

Kids: Number of Boys _____ Boys' Ages _____ Number of Girls _____ Girls' Ages _____

Marital Status: Single Married Divorced Separated Dating Other (specify): _____

Do you need an interpreter? No Yes; if yes, please specify: Spanish Vietnamese Other (specify): _____

Please make your \$25 check or money order payable to: Building Peaceful Families

Mail to: Fatherhood Conference, MACSA Intervention Center, 2254 Alum Rock Ave., San Jose CA 95116

Or fax to (408) 928-5821 or email to interventions@macsa.org (check or money order must be mailed)

Questions? Contact Hilda Delgado at (408) 928-5820

This event is proudly sponsored by Building Peaceful Families in collaboration with the Santa Clara County Probation Department, Mexican American Community Services Agency (MACSA), Divorce Fathers Network, Support Systems Homes and New Beginnings.